

For occupational safety and health issues, contact your Bureau Safety Manager.

Wellness

OPM has a wellness initiative with a stated goal of 75% of employees participation.

The four pillars of health are:

- ◆ Physical Fitness
- ◆ Good Nutrition
- ◆ Prevention
- ◆ Healthy Choices
- ◆ Remember to make good choices and explore the options at your location for participation in the wellness program.

For more on the OPM Initiative, visit:
http://www.opm.gov/Employment_and_Benefits/WorkLife/HealthWellness/wellnessresources/worksitewellnessprogram.asp



Bureau Safety Managers

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http://hr.commerce.gov/Employees/WorkLifeIssues/DEV01_006093

U.S. Department of Commerce

Occupational Safety and Health Program



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Welcome to the U.S. Department of Commerce (DOC). DOC is committed to providing its employees, contractors, and visitors safe employment and a safe environment in which to work.

Basic Safety Provisions

You have the right to a safe workplace.

The [Occupational Safety and Health Act of 1970](#) (OSH Act) was passed to prevent workers from being seriously injured or killed at work. The OSH Act created the Occupational Safety and Health Administration (OSHA), which sets and enforces protective workplace safety and health standards.

DOC Responsibilities

DOC has a safety and health policy and its bureaus develop and implement safety programs to eliminate or reduce recognized hazards. The Department and bureau responsibilities also include:

- ◆ Informing employees about recognized hazards.
- ◆ Keeping accurate records of work-related [injuries and illnesses](#).
- ◆ Performing tests in the workplace, such as air sampling.
- ◆ Providing hearing or other work-related medical tests when required.
- ◆ Posting OSHA citations, injury and illness data, and the [OSHA poster](#).
- ◆ Notifying OSHA within 8 hours of a workplace incident when there is a death, and within 24 hours when one or more workers are hospitalized, suffer an amputation or loss of an eye.
- ◆ Not discriminating or retaliating against a worker for using their rights under the law.

CAUTION

Workers' Compensation Program

Vacant
Sandra Williams

WC Manager 202-482-4935
WC Specialist 202-482-0799

http://hr.commerce.gov/Employees/WorkLifeIssues/DEV01_006096

Illness and Injury Reporting

In the case of an accident that results in an injury or illness, the worker and the supervisor must complete the CD-137 (an internal DOC form) and fax it to the Bureau Safety Coordinator. Workers' compensation forms are used to report work-related injuries and illnesses to the Department of Labor. For additional information consult with your supervisor or contact your Bureau's Safety Manager or Workers' Compensation Manager.

